

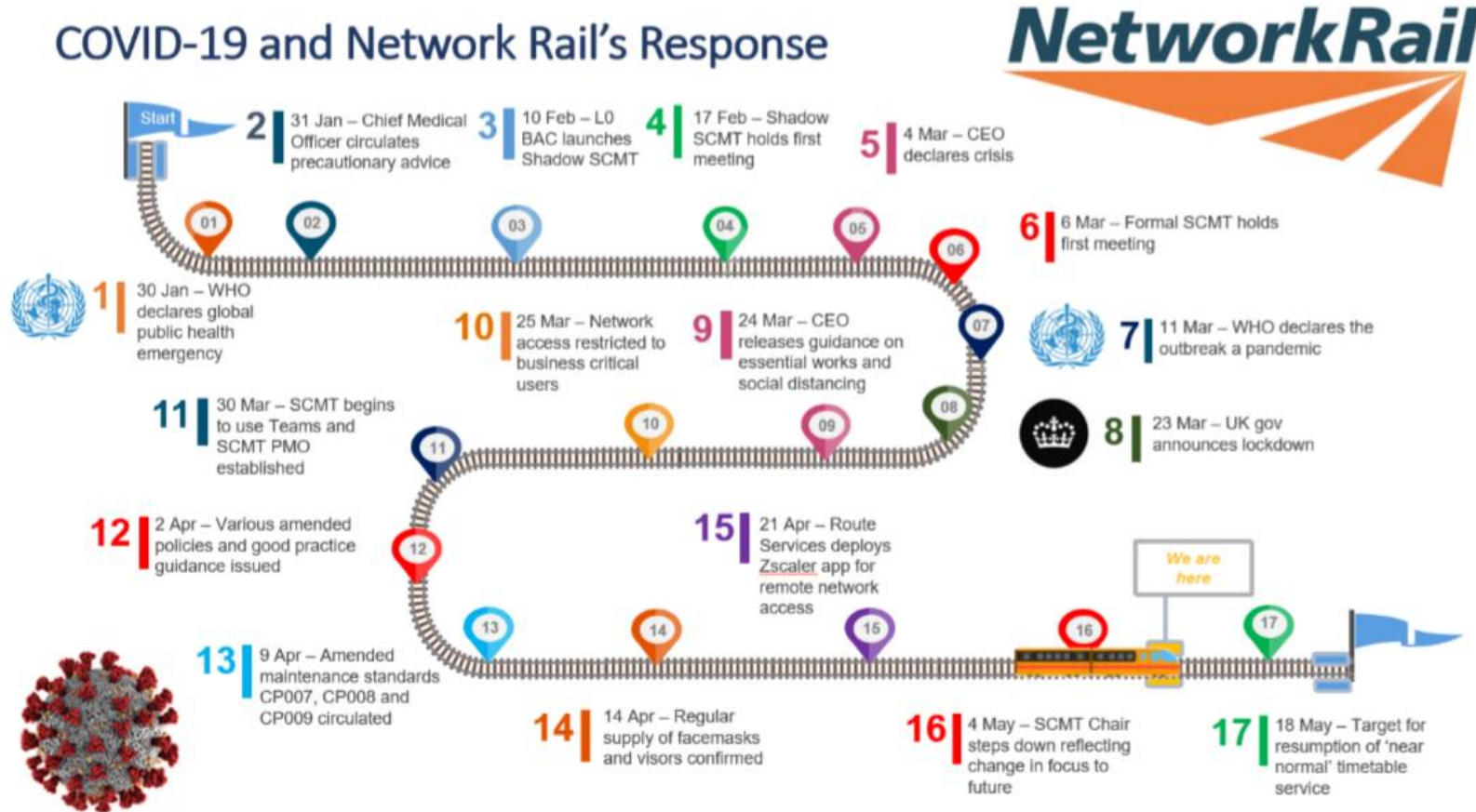
Network Rail.



*Leading through
COVID*



The Timeline:



9 January 2020: The World Health Organisation (WHO) confirmed the identification of the Novel Coronavirus (WN-CoV) found in the Wuhan City, Hubei Province, China;

31 January: 1st UK case;

28 February: 1st Death of UK citizen (overseas);

5 March: 1st Death in the UK;

11 March: World Health Organisation (WHO) confirmed WN-CoV – now named COVID-19 – as a pandemic;

16 March: Government advises against non-essential travel and contact;

20th March: Schools shut;

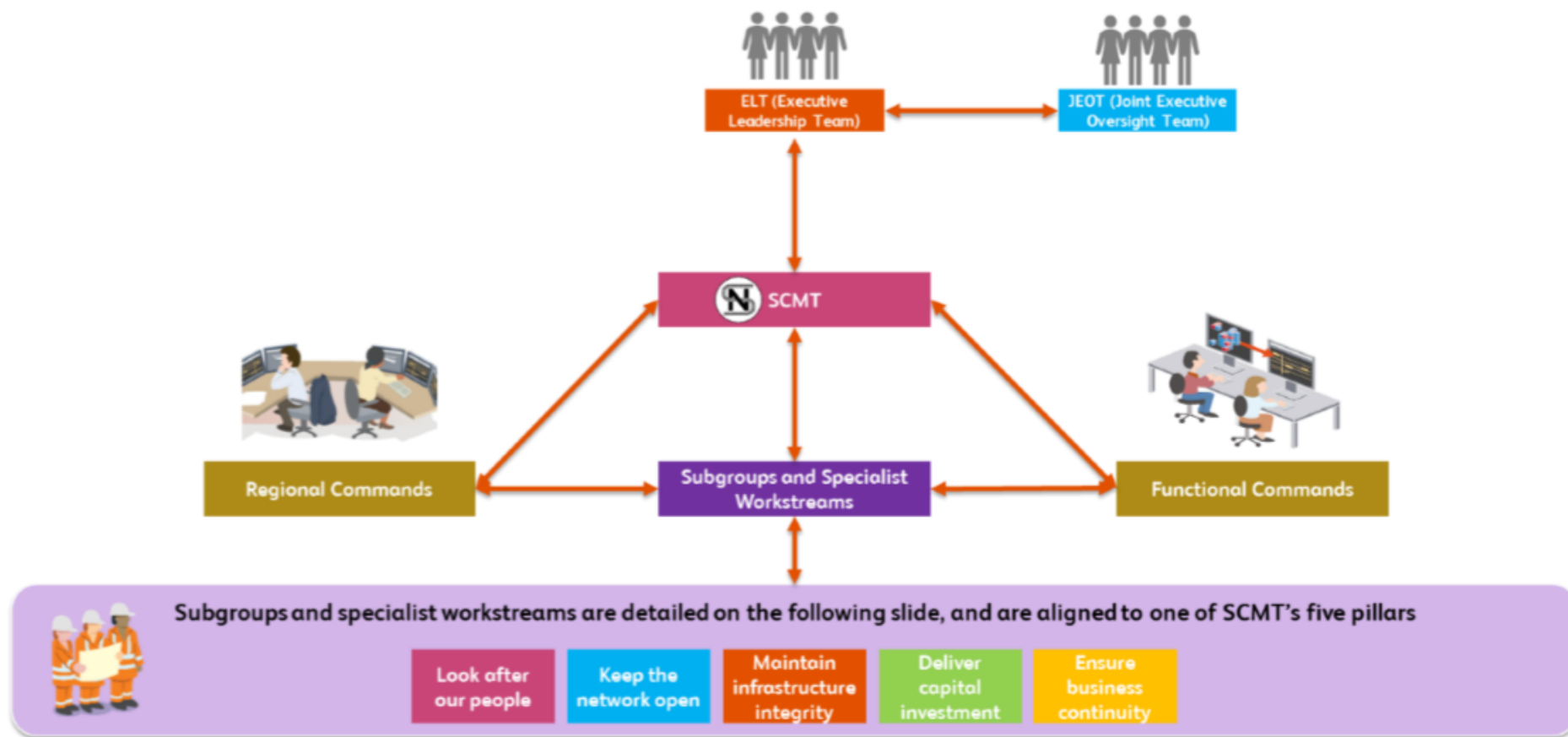
23 March: Lockdown starts;

10 May: Announcement of partially lifting lockdown in England (but different in Scotland and Wales);

18 May: Rail services ramp up from 50 % to 80 %.

Crisis Management Team:

SCMT Core Flows



Acting as an industry:



Looking after our people:



Key Guides, Policies and Standards

Safety Standards

- 07.05.2020 - Relaxation of specific red clauses, extending occupational competence and prioritising maintenance activities (NR/L3/MTC/CP007)
- 05.05.2020 - Coronavirus COVID-19 Safe Working Practices (NR/L3/MTC/CP009)
- 05.05.2020 - Works Contingency Plan (NR/L2/MTC/CP008)
- 20.04.2020 - Working at operational locations standard (NR/OPS/DEV/009)
- 16.04.2020 - Short-term changes in the creation and application of safe work packs and briefing arrangements (NR/GN/OHS/0155)
- 16.04.2020 - COVID-19 Contingency Plan - Relaxation of specific red clauses, extending operational competence and prioritising maintenance activities (NR/L3/MTC/CP007)
- 08.04.2020 - Prioritisation of renewals, maintenance and enhancement work standard (NR/L2/MTC/CP008)
- Coronavirus - Task Risk Control Sheet (TRCS) Hub Page

Looking after our people:

Corona Virus (COVID-19) Frequently Asked Questions



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Corona Virus (COVID-19) Frequently Asked Questions



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Looking after our people:

COVID-19 Standards and Risk Assessments

Work Activity Risk Assessments: COVID-19

-  **COVID-19 Work Activity Risk Assessment V6**
-  **Delivering Training during COVID-19 Pandemic V3**

COVID-19 Activity Risk Assessment

Work Activity Risk Assessment Form.

Work Activity Assessed:	COVID-19 Activity Risk Assessment	Ref. No.F	
Short Description	Working during COVID 19 crisis - minimum distance apart from others of 2 metres should be kept at all times in order to minimise the potential for spreading the virus by saliva or droplets from coughing.		
Function:	Network Rail staff.	Discipline or Department:	Safety, Technical, Engineering
Location/site of work activity:	Across the Network	Date Assessment carried out:	31 March 2020
Groups at risk:	All Network Rail Employees Infrastructure and operations staff	Previous assessments superseded:	N/a
Persons carrying out assessment:	Name:	Positions:	
	Louise Cox, Rupert Lown, Ian Bradley, David Smith, Paul Clark, Nicola Uijen, Natalie Montgomery, Mark Lunn	Regional HSQE Directors	
	Chris Adair, Brett Cornwell, Des More	Trade Union representatives	
Peer Review	Lead TU Representatives & Business Leads	Names (Print): Names (sign)	
Reviewed and Approved by:	Rupert Lown 		

COVID-19 Activity Risk Assessment

Executive Summary

Safety professionals and trades union health and safety representatives reviewed the modes of transmission, risks and appropriate precautions to minimise COVID-19 transmission during work activities. The assessment underlines the importance of anyone with COVID-19 symptoms staying away from work and for those who are at work to keep the railway open, to maintain the two-metre social distance wherever possible and to regularly wash or sanitise their hands. Normal work gloves and eye protection help to minimise hand-face contact. Site marshals can be used to help remind staff about maintaining social distance and hand hygiene. Organise travel to site that maintains two-metre social distance by using temporary screens in vans between the driver and rear passenger or using your own vehicle/black-cab taxi.

But some essential work does require people to work closer together for short durations for specific tasks. 37 maintenance tasks likely to involve working within two metres have been specifically assessed to devise the safe working arrangements. If that is necessary, the risk assessment advises keeping the duration as short as possible and orienting yourselves to avoid facing the other person if possible. If working close together is unavoidable, a face visor or a surgical mask can be used to avoid spread of liquid droplets (which can contain virus even if the person is not showing COVID-19 symptoms) to your colleagues. Particular care is necessary if a mask is used to avoid contacting your face with potentially contaminated hands or gloves. The visor or surgical mask do not replace existing impact eye protection or protective mask such as for dusty environments; they must be used if the task risks require so.

Travelling to locations in a road vehicle	Staff being within a 2m social distancing	Contraction of virus; Spread of virus; Loss-time illness; Death of sufferer; Increased spread of the virus	Cleaning of Vehicles /tools Teams to utilise the same tools and vehicles Use disinfecting kits where supplied Do not share with other teams Use of separation screen for vans	5	2	7	Travel one person per vehicle Allocate NR vehicles to specific users Use private vehicles where practicable Where hire cars are used request disinfectant and clean before delivery wipe down seats and controls prior to use	5	1	6
Additional local factors that should be considered		This is a generic risk assessment, additional risks and subsequent measures are to be considered at the time inspections and minor repairs of boundary fences are taking place, further local assessment is required on specific requirements, location, weather conditions, environment and time. The additional measures are to be documented, and briefed to the affected parties, by the person in charge or COSS Network Rail's Life Saving Rules to be applied at all times when undertaking work activities. Network Rail's Safety Vision to be applied by all staff.								

Looking after our people:

Task Risk Control Sheets: COVID-19 Amendments and Supplementary Advice

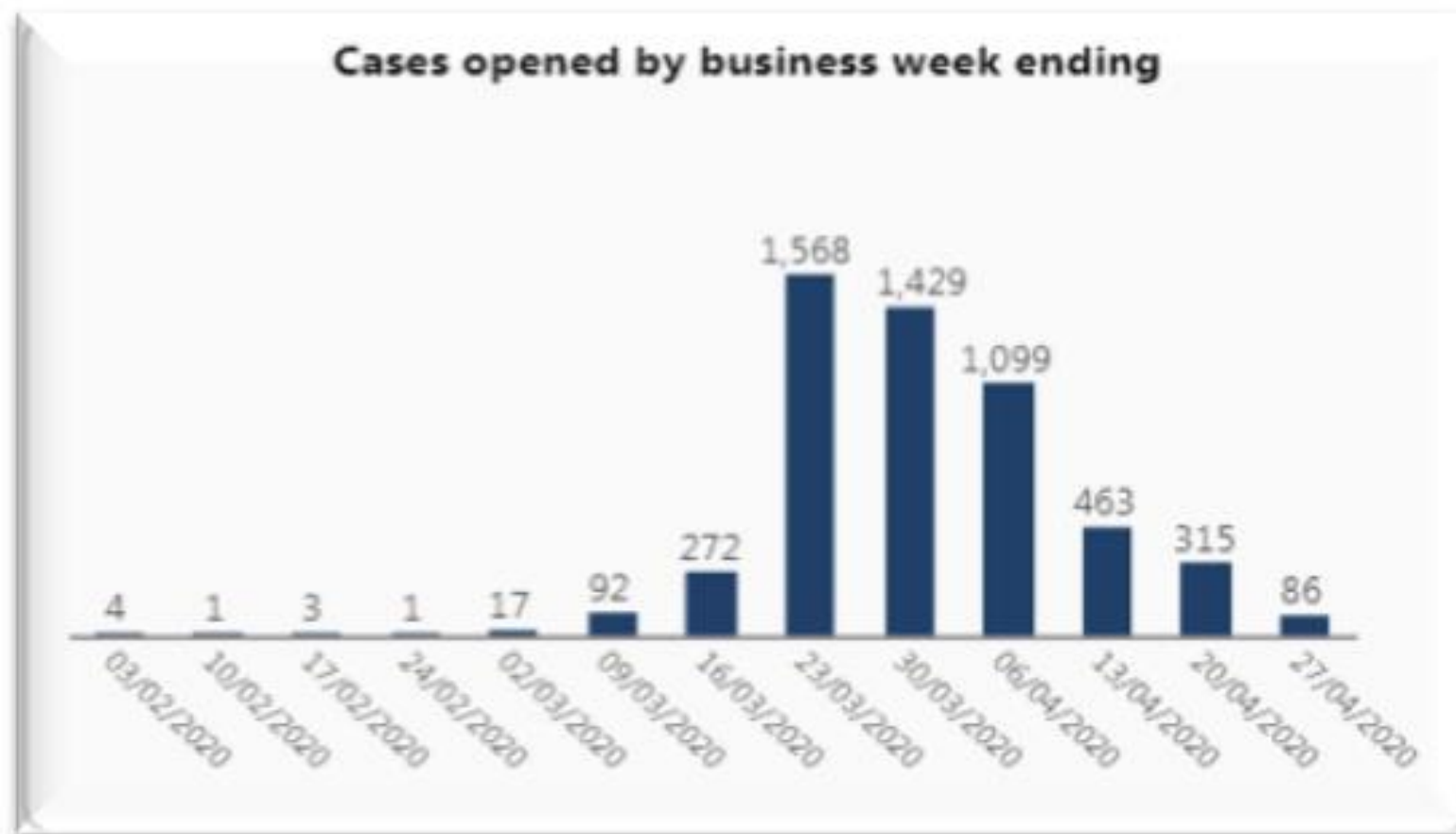
These documents are uncontrolled unless downloaded directly from this HUB page

TRCS Supplementary Advice	Associated TRCS Reference (Reference links to the TRCS on the standards page - no VPN required)
 Measured Shovel Packing 3.0	SP11
 MEWP Working 5.0	OLE06, OLE07, OLE10, OLE12, OLE13, OCR01, OCR05
 Rail Change 5.0	SP13, GH01 (3 elements), TK61, TK62, TK63
 Maintain Vegetation via Manual Weedspraying 5.0	OT10
 Scrap Removal Manual and Mechanised 5.0	OT19
 Equipment Rooms REBs and FTN sites 5.0	TEL11
 Fibre Optic Cable Jointing 5.0	SIG13
 Incident Response 5.0	GA02 (3 elements)
 Working in or near Public Areas 5.0	GA04

 Mobile Plant MEWP Working 5.0	MP09, MP10
 Use of Welding Generators 4.0	SP12
 Assisted Lifting 2.0	GA06 (2 elements)
 Mini Tamper 2.0	MP18
 Use of Tamping Hammer 2.0	SP06
 Use Iron Men 2.0	SP07
 Adjust Expansion Gap 2.0	TK41
 Stoneblower-hand held 2.0	TK44
 SISS and DOO Systems 4.0	TEL12
 Installation of Stretcher Bars 1.0	TK20
 Live Line Dropper Tool 1.0	OLE14



COVID-19 Case Status – NWR Internal







STE – Keeping in touch

Friday 15 May

It's really important to keep in touch and stay connected, please continue to share your experiences and top tips on our [STE Yammer Page](#).

Stay safe.

👤 All Company



Andrew Haines – 3 hours ago from iPhone

📎 **Mental Health Awareness Week**

It's Mental Health Awareness Week and I think this comes at a really important time. We are in the middle of a pandemic and it's easy to let things get on top of you. It's so important to take time to care for yourself and for each other, whether it's your physical or mental well-being, taking care means that we can be the best versions of ourselves.

This year's theme for Mental Health Awareness Week is 'kindness'. This is something I know we have in abundance at Network Rail. If you have an example of someone showing you kindness, whether that's in work or out of work, share it in the comments, if you feel comfortable. For example, my neighbour always brings our bins back from the end of the lane to us. A very kind gesture.

#mentalhealthawarenessweek #kindnessmatters

👍 UNLIKE
↩️ REPLY
➦ SHARE
⋮

You, Beck Brian, Peter Hendy, and 121 others like this

Seen by 2,433

Mental Health Awareness Week 2020



Monday (18 May) marks the start of Mental Health Awareness Week 2020. This year the theme is **kindness** chosen because it strengthens relationships, develops community and deepens solidarity. It is a cornerstone of our individual and collective mental health according to mental health charity, MIND.

To find out more from a colleague who is a Samaritans listening volunteer, visit MyConnect on Monday.

Yammer





All Company

This is the default group for everyone in the Network Rail network

NEW CONVERSATIONS 80+
ALL CONVERSATIONS
FILES
🔍 SEARCH



Ref:	NR/L3/MTC/CP007
Issue:	3
Date:	07 May 2020
Compliance date:	14 May 2020

OFFICIAL-SENSITIVE

COVID-19 Contingency Plan

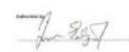
Relaxation of Specific Red Clauses, Extending Occupational Competence and Prioritising Maintenance Activities

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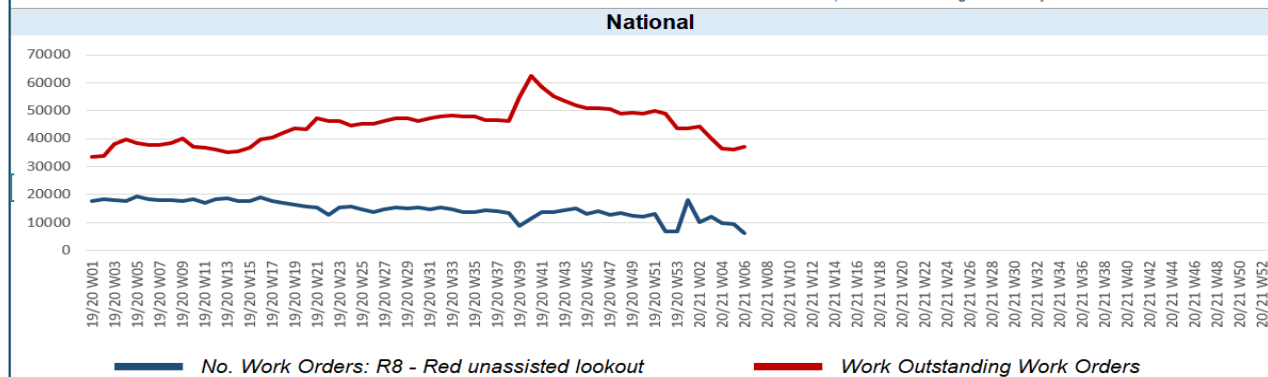


Protection Type v Work Outstanding

R8 - Red unassisted lookout

No. Work Orders

For some Routes, Work Outstanding data is only available from 19/20 W38 onwards



Checking Nick Millington's rails ...#essentialworker



Nick,

Hope you're well.

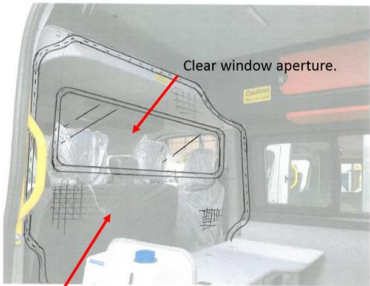
Following on from the conversation earlier at II, the benefits from the current state and how we keep some of them and embed them as normal. You mentioned a potential session with the DEAM's, during the session it may be worth looking at whether there have been any local RBM successes as a result of this which don't necessarily fall under one of the CP00 standards.

One of my signalling engineers working with the local RAM [S] has managed to gain authority to reduce Dorman LED signal maintenance from annual to 4 yearly, hours required annually has reduced from 860hrs to 215hrs. There's bound to be more like this out there that has the potential to be shared more widely and may not be picked up at any normal sharing forum.

Just a thought,



Protective Screen Deployed



Fitted using double sided Velcro, (no specialist tools required)



Carrying / storage bag





Route Services



NetworkRail

Zscaler App (Z-App)

Customer installation guide & FAQs

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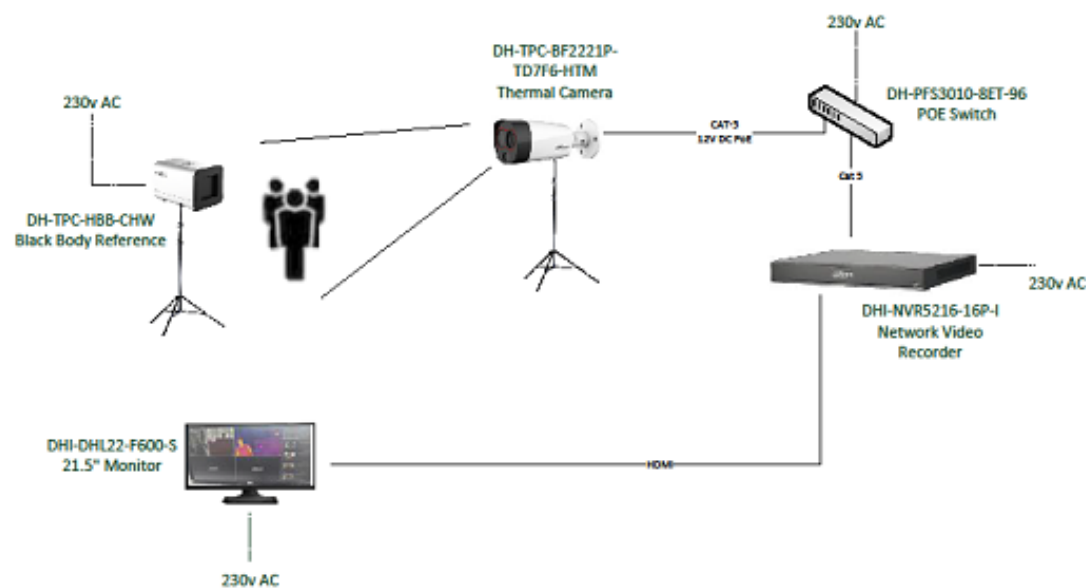
Thermal Imaging Cameras

Trials complete at The Quadrant:MK and Three Bridges ROC

Over 500 scans were over 2 days, 6 people identified as having an elevated temperature (>37.8c)

All 6 had all been standing outside in direct sun light just before being scanned
All were re scanned after 5 mins and measured under the threshold

Positive feedback received at both sites



Infra-red / handheld thermometers & personal use thermometers

Infra-red / handheld thermometers

- The specification is currently being confirmed.
- The intention is to have these at sites where thermal imaging cameras can't be used. The specific criteria is being established.
- An update will be provided in w/c 18th May.

Personal use thermometers

- These should arrive this week – they are for home use.
- The primary aim is to provide staff with an opportunity to assure and check their temperature if they or a family member has a high temperature
- To ease the distribution some will be issued to workplace locations. This most most likely to be focused at locations where other testing is not possible.
- Employees will also be able to request a thermometer and it will be posted to their home address.

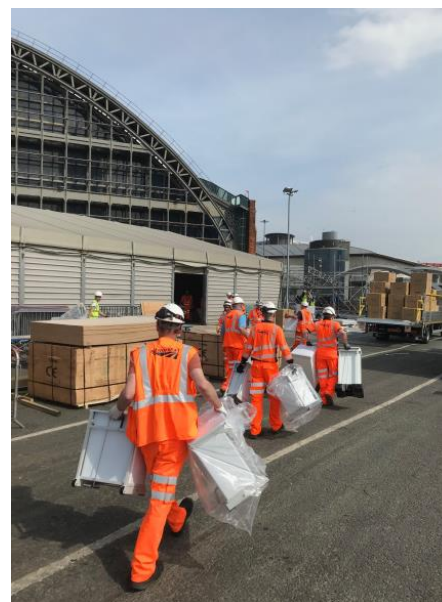


Friday 27 Mar 2020

Key railway workers enable 370,000 tonnes of vital food, medicine and other supplies to be moved in a week

Region & Route: [Western](#)

This week alone key workers from Network Rail have enabled more than 370,000 tonnes of freight to be moved between west London and Cornwall and into and across Wales to support the economy, the NHS, petrol at the pumps and food in shops.

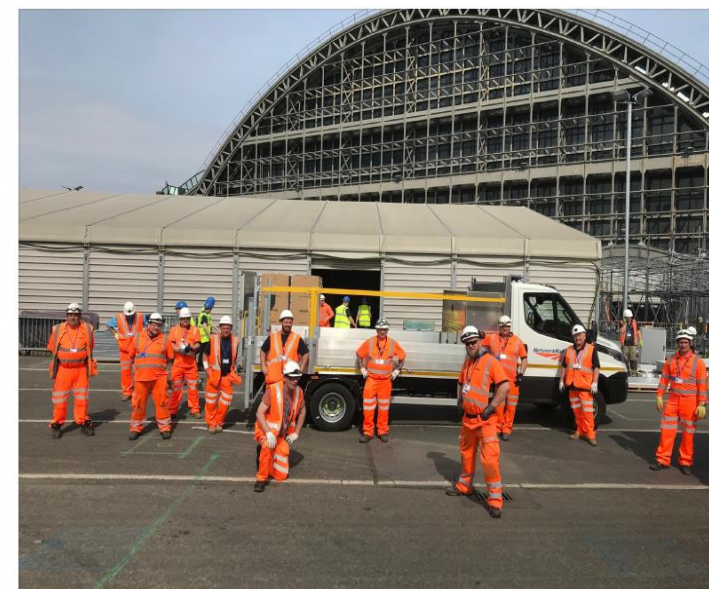


NHS Nightingale



Frobisher Martin – April 10 at 09:00 AM from iPad

Network Rail "Orange Army" delivering all the equipment to NHS Nightingale Manchester and I do mean ALL the equipment. We are running all the external logistics for this hospital. Top team!



👍 UNLIKE ↩️ REPLY ➦ SHARE ...



The New Normal



The End

